



Bakery Delights

Muffins **\$2.00**

Choose from banana nut, blueberry (may contain nuts), orange cranberry, lemon ginger, or oat bran.

Scones **\$2.25**

Choose from fruit and nut, blueberry, ginger, or oatmeal currant.

Also featuring...

Smoothies **\$2.00**

Choose from mango, strawberry, strawberry and banana.

Gourmet Granola **\$2.00**

Fresh mango, banana, or strawberries, layered with low-fat vanilla yogurt and gourmet granola.

A la Carte

Lowfat Yogurt **\$2.00**

Vanilla, strawberry, peach, strawberry banana, or blueberry.

Cereals-in-house **\$2.00**

Corn flakes, Pops, Crispix, Special K, Rice Krispies, Fruit Loops.

Cream of Wheat **\$2.00**

A terrific change from oatmeal, barley flakes that are steamed and rolled, served warm. Served with maple syrup (regular or sugar-free), and pears or fresh bananas.

Gourmet Vanilla Oatmeal **\$2.00**

A low-fat, high fiber breakfast that's packed with B-vitamins, fiber and gives you a jump-start on a healthy and balanced day. Served with a side of gourmet granola, strawberries, maple syrup (regular or sugar-free), and pears.

*Employees receive a 20% discount on all breakfast items.
Please note, if breakfast items ordered in bulk, 1.00 is taken off from total.*